



# STEPS TO POSITIVE PHYSICAL APPROACH

## **Pause at the Edge of Public Space**

- Stop moving at 6 feet
- Acknowledge the person's ownership of personal space
- Respect their space

## **Gesture & Greet by Name**

- Bring a flat, open palm up near your face
- Say, "Hi!" and use the person's preferred name, if known
- Look friendly by smiling and making eye contact

## **Offer Your Hand & Make Eye Contact**

- Seek permission to enter their personal space
- Show the person what you want to do

## **Approach Slowly, Within Visual Range**

- Approach the person while offering your hand with a greeting smile
- Allow at least one second for each step forward

## **Shake Hands & Maintain Hand-Under-Hand Contact**

- Maintain HAND-UNDER-HAND contact to provide protection and connection

## **Move to the Side**

- Turn your trunk sideways to the person
- Stay at arm's length

## **Get to Eye Level & Respect Intimate Space**

- Sit down or get down (kneel or squat)
- Allow eye contact within their limited visual field

- **Wait for Acknowledgement**
- Make sure you have a connection before you start your message

